

Round Rock Elite Youth Handbook 2023-2024



*Registration will run through **Apr 1, 2023** - June 30, 2023*

The cheer handbook guidelines have been developed to outline the expectations and accompanying procedures for each RREYC participant. This handbook was designed and prepared as a basic operating instrument to define and explain the qualifications and responsibilities/commitments of the cheerleading program.

Purpose: The purpose of cheerleading is to create, promote, and uphold spirit in the community by participating in events as deemed appropriate by the board of directors. Being a part of RREYC is a privilege.

Membership:

- I. Squads
 - A. The cheer board of directors will determine the number of squads necessary to the program.
 - B. A membership application process is required.

Requirements:

- I. Participation
 - A. All program members must attend practices, performances, and competitions. We are not a team without YOU!
 - B. Attendance will be taken during practices. When we are close to a performance and competition attendance will be mandatory. Discretion will be up to the board of directors.
 - C. As a recreational league, our hopes are to feed members into the school district programs. Academics will continue to come first. We expect open communication with parents so that we can support you in your educational efforts!
- II. Required Forms:
 - A. Physicals will need to be submitted to the Head Coach of your child's squad.
 - B. Current application/signature of the RREYC handbook.
 - C. Photography consent form.

Expectations

- I. Leadership
 - A. Cheerleaders will demonstrate determination, hard work, strength, dedication, and self-discipline.
 - B. Cheerleaders will strive to cooperate and be a part of a cohesive unit.
 - C. Cheerleaders will strive to improve themselves, and others through positive interaction and accountability.
 - D. Cheerleaders will exhibit loyalty to the squad and demonstrate leadership, honor, and integrity.
 - E. Cheerleaders will demonstrate good sportsmanship and promote team spirit which will be defined by generosity and genuine concern for others.
- II. Physical Functions include, but are not limited to:
 - A. Athletic Conditioning
 - B. Jumps
 - C. Stunts
 - D. Tumbling

Procedures

- I. Practice
 - A. Cheer coaches will manage the daily decisions of the cheer program.
 1. They may develop and enforce standards in addition to or higher than that of All Star Cheer practices.
 - B. Cheerleader issues and decisions will be determined by a final resolution made by the program board of directors and the coach.
 - C. Any conflict between other activities/attendance will be resolved between the coach and the final decision will be made by the board of directors.
- II. Medical
 - A. RREYC Concussion protocol- Due to state law, any athlete diagnosed with a concussion must obtain physician clearance before beginning practice, or returning to practice.

- B. Coaches must be apprised of any medical conditions, whether they are temporary, permanent, or recurring.
- C. Withholding pertinent medical information could result in immediate dismissal from the program.

III. Misconduct

- A. All spectators will remain spectators and allow coaches to handle the athletes.
- B. All athletes will follow the RREYC Code of Conduct.
- C. Any violations of the RREYC's Code of Conduct will be subject to termination upon the discretion of the board of directors final decision. Cheer membership may be terminated at any time for unacceptable standards of conduct by the Head Coach.
- D. Suspension or probation will eliminate the cheerleader from participation in special events or competition for a determined period of time.
- E. Any member dismissed, removed, or resigned of his/her position in the cheer program must fulfill all financial obligations for on-returnable/non-refundable merchandise, and turn in all property owned by RREYC.

IV. Responsibilities

- A. Being a member of the RREYC program is an HONOR, a RESPONSIBILITY, and a PRIVILEGE. Due to the level of visibility in the community our cheerleaders are held to higher standards! It is imperative that squad members set a good example for their peers.

*Financial Expectations

Parents must purchase the necessary uniform and provide money for other clothing or equipment costs of being a squad member. Cheerleaders may be asked to participate in fundraising activities or be given a buyout option to support their cheerleader and the team.

- I. Uniform, equipment and clinics
 - A. Uniforms will consist of XYZ for \$XXX

II. Payment LATE FEES will be assessed

Communication

If a concern should arise, the coach should be notified ASAP, then the program's board of directors: Martha Gross, Jamela Jefferson, and or Michelle Keeble.

Parent Signature

Date

Athlete Signature

Date